



УНИВЕРСИТЕТ ИТМО

Using of WPI by-product in the manufacturing of yoghurt

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Global Food waste



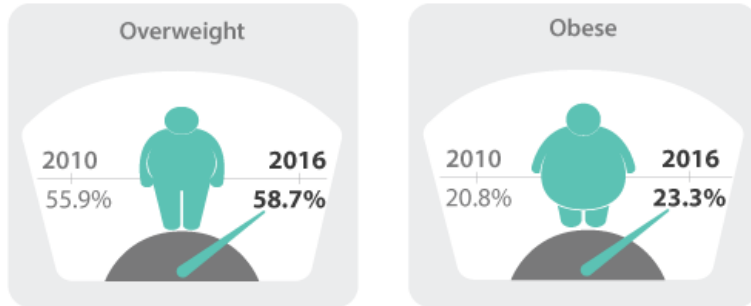
Artificial additives
Antioxidants-preservatives-
colourants

Technological Problems

Protein Allergy
Casein –gluten

Increasing the number of people with progressing civilizational diseases

The percentage of the population that is overweight or obese is rising in the WHO European Region.



Variations exist between countries and across gender.

DIABETES

DIABETES IS ON THE RISE
422 MILLION adults have diabetes

3.7 MILLION deaths due to diabetes and high blood glucose
1.5 MILLION deaths caused by diabetes

THAT'S 1 PERSON IN 11

Main types of diabetes

- TYPE 1 DIABETES**
Body does not produce enough insulin
- TYPE 2 DIABETES**
Body produces insulin but can't use it well
- GESTATIONAL DIABETES**
A temporary condition in pregnancy

Consequences

Diabetes can lead to complications in many parts of the body and increase the risk of dying prematurely.

- Stroke
- Blindness
- Heart attack
- Kidney failure
- Amputation

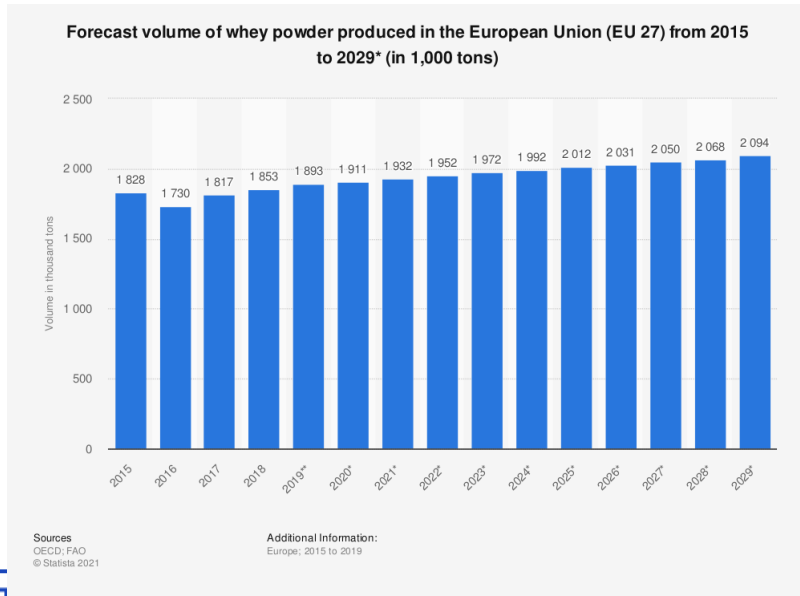
www.who.int/diabetes/global-report #diabetes

World Health Organization

So.....,

- ✓ Valorization of food wastes for edible purposes represents a challenge field.
- ✓ Dairy and vegetable wastes contain significant amounts of valuable compounds derived from the original material.
- ✓ Transformation of these valuable compounds into numerous added-value and marketable products rather than the usual utilization of food waste as energy, feed, and fertilizers

Why Cheese whey (CW)?



- ✓ CW The major by-product stream, generated....
- ✓ Total worldwide production about 180 to 190 million tons/year.
- ✓ The high importance of CW for the industrial dairy sector owing to :
- ✓ High organic load – high management cost especially for cheesemaking industries
- ✓ High nutritional value (owing to its functional ingredients)

Typical functional properties of CW in food systems

Functional properties	Mode of action	Food system
Solubility	Dissolvable	Beverages
Water absorption	Water-binding	Meat/bakery
Viscosity	Thickening	Soups
Gelation	Structure – forming	Meat/fish
Emulsification properties	Emulsifying	Infant formula
Fat absorption	Binding free fat	Sausages
Foaming properties	Aeration	Whipped topping
Flavour binding	Binding/release	Formulated foods
Mineral binding	Specific adsorption	Nutritional foods

Materials :

	WPI (%)	SMP (%)	WMP*(%)
Protein	87.8	27-30	26
Moisture	4.6	4-6	4-6
Fat	0.7	1-1.5	26-27

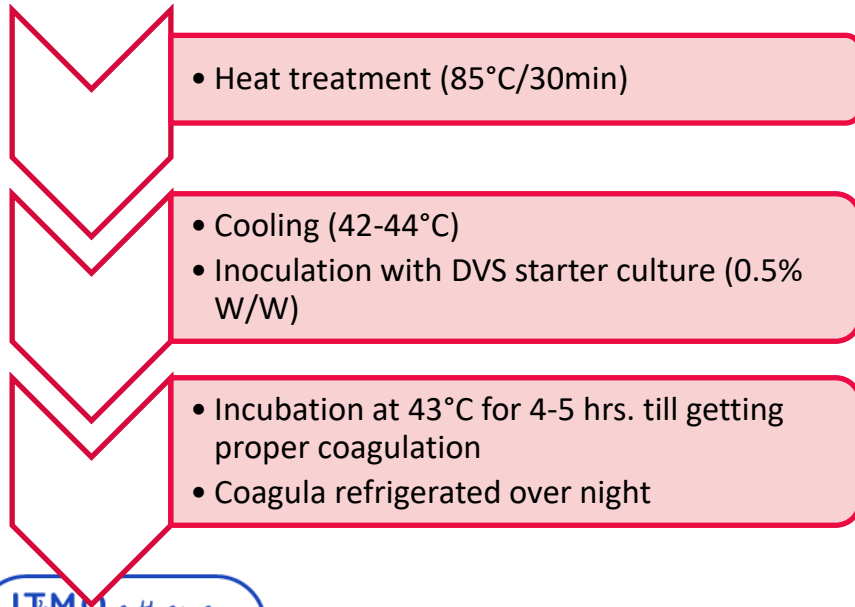
- WPI: whey protein isolate
- SMP: Skim milk powder
- WMP: whole milk powder
- Freeze-dried yoghurt starter culture (YF-L812) Chr. Hansen's mixed strains :*Streptococcus thermophilus* & *Lactobacillus delbrueckii ssp. Bulgaricus*

Experiment Design

Description of samples	Treatment	The protein content of yoghurt mixes(w/v, %)
FFY	Control full-fat yoghurt	5.10
NFY	Control nonfat yoghurt	4.37
NFYWP-3	nonfat yoghurt with substitution 3%WPI	4.64
NFYWP-5	nonfat yoghurt with substitution 5% WPI	4.81
NFYWP-7	nonfat yoghurt with substitution 7% WPI	4.98
NFYWP-9	nonfat yoghurt with substitution 9% WPI	5.16

- ✓ TS of all the yoghurt mixes standardized at 14% (Protein 4-5%)
- ✓ Four treatments with the addition of WPI by the substitution of SMP with WPI as (3,5,7,9) %.
- ✓ Control 1 : full-fat yoghurt
- Control 2 : Non-fat yoghurt

Processing steps of yoghurt



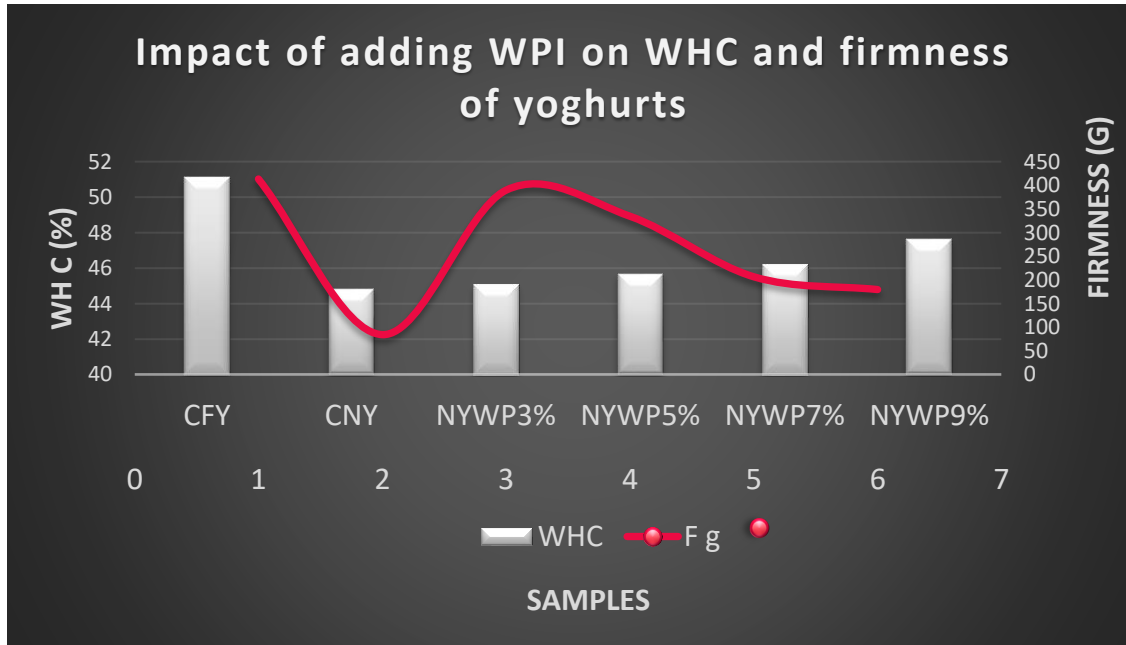
Analysis Methods

- ✓ Measurement of water retention of yoghurt:

$$\text{WHC \%} = \frac{\text{weight of the remaining after centrifugation}}{\text{weight of the sample}} \times 100$$

- ✓ Rheological properties of yoghurt samples: rheometer (RN 4.1, RHEOTEST).
- ✓ Firmness and deformation: domestic texture analyzer "Structurometre ST2".
- ✓ Microstructure : SEM

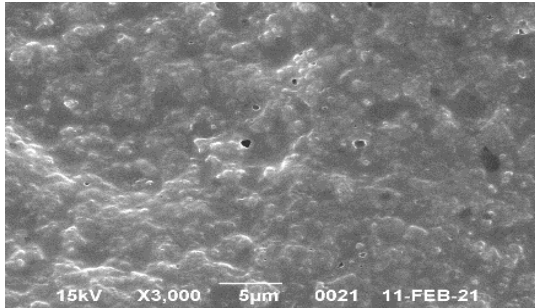
Results



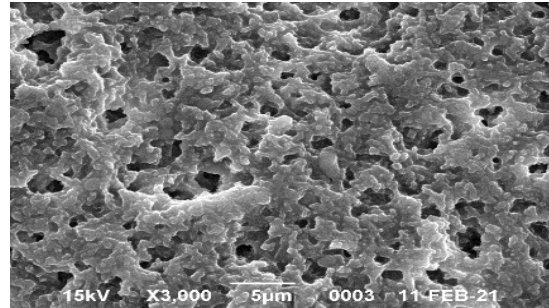
- **Water holding capacity**
- **Firmness** *Penetration distance: 4 mm using an acrylic cylindrical probe (15 mm diameter, 20 mm height). Speed of the probe was 1 mm/s with a trigger of 7 g.*

Microstructure of yoghurt:

FFY

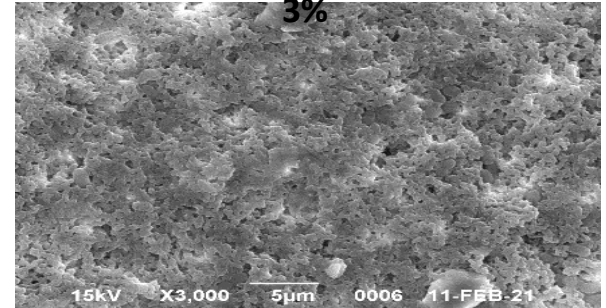


NFY

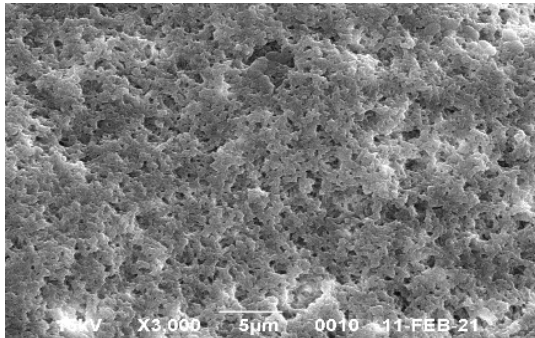


NFYWPI

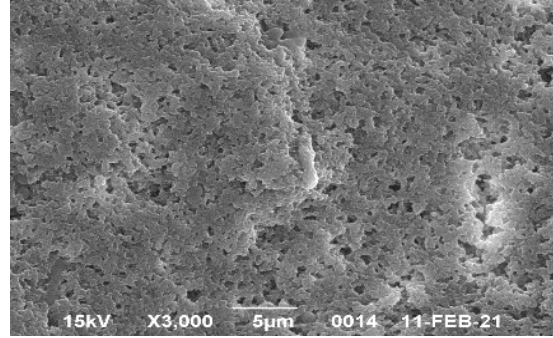
3%



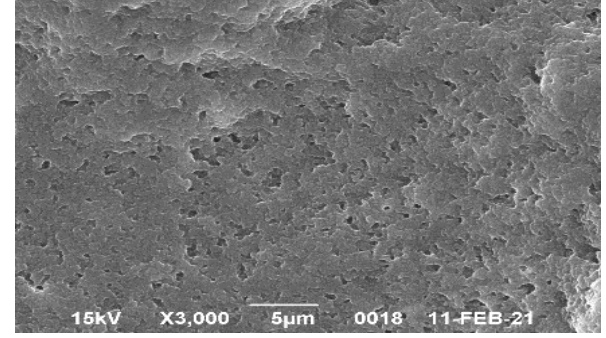
NFYWPI 5%



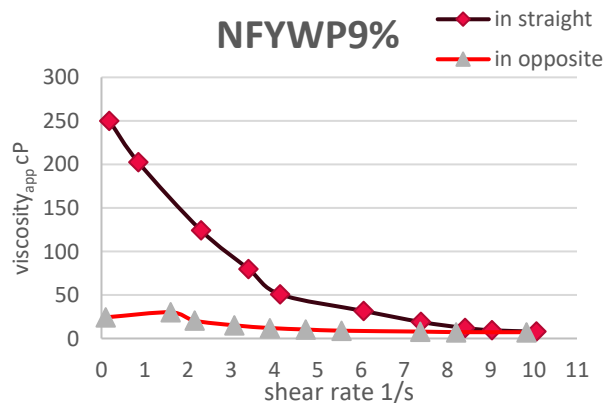
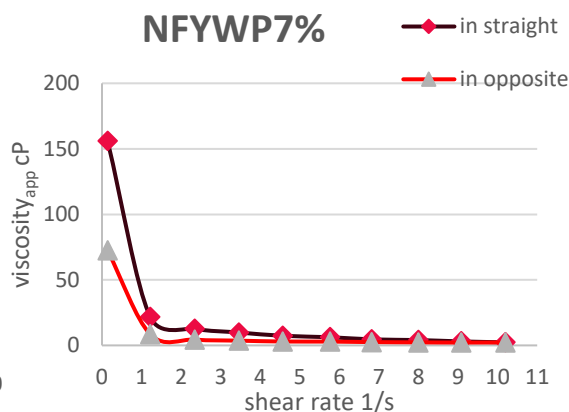
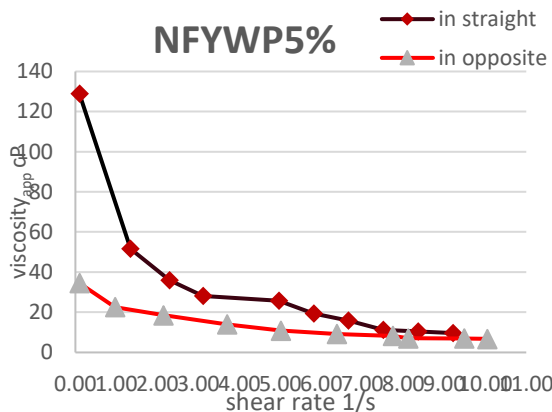
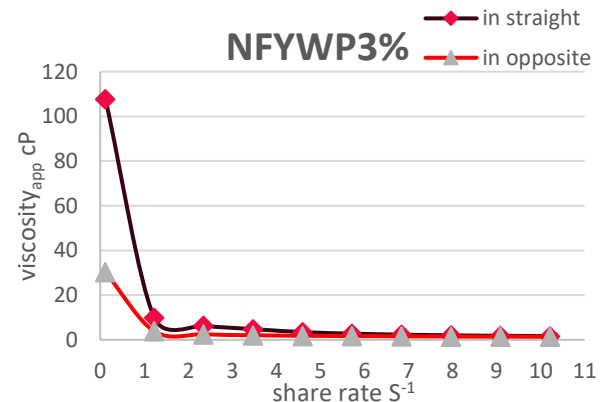
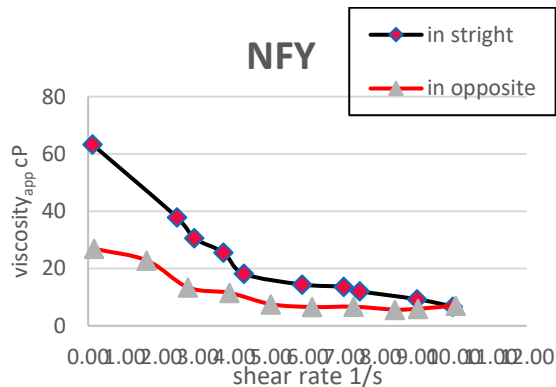
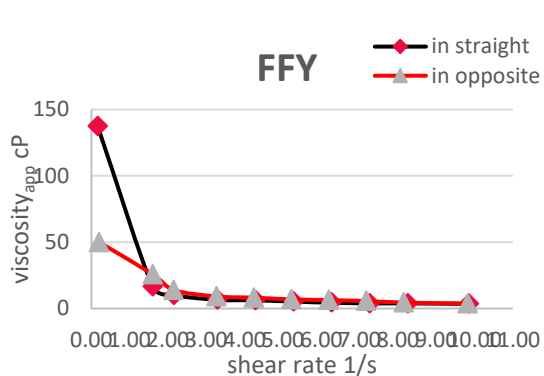
NFYWPI 7%



NFYWPI 9%



Impact of WPI addition on the rheological properties



Thanks for your attention!

www.ifmo.ru

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Saint Peterburg

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